

SLA Summer Youth Programs

The Squam Lakes Association is dedicated to conserving for the public benefit the natural beauty, peaceful character and unique resource values of the lakes and surrounding area. In cooperation with local and state authorities and other conservation organizations, the Association promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes region.

The Squam Lakes Association, through its Junior Squam Lakes Association (JSLA), Squam Conservation Corps (SCC), and Community Youth Sailing Program (CYSP), introduces young people to the unique resources of the Squam Lakes Region and helps foster a sense of understanding, caring and action for its environment. Campers and sailors develop a sense of community with each other and with the staff. They leave with a network of summer friends, memories of fun, learning and adventure, and an appreciation for Squam's natural heritage.

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JSLA Summer Day Camp Program



Community Youth Sailing Program



Community Youth Sailing Program

Encouraging young people to learn to sail is the goal of this instructional program. Enrollment is for young people ages 8 - 16, with classes meeting in one or two week half-day sessions. Applicants are required to have swimming ability, and instruction includes a combination of classroom and on-water training. Instruction will be provided by a U. S. Sailing certified instructor. By the end of the session, students are typically able to fully rig and sail the boats on their own.

The SLA instructional fleet includes: six Optimist class boats for younger, less experienced sailors, and four Club Junior and two Lightning class boats for older, more experienced sailors. This program is instructional - we encourage parents to



Weeks 1 - 7

Beginning Sailing:

These sessions are designed for children ages 8 - 12 who have limited or no sailing experience. Instruction is performed using Optimist class sailboats, which have a weight limit of 125 pounds. Week long half-day sessions are offered. Each student will sail solo with a class size of six and an instructor ratio of 1 to 3. At the start of the week a swimming test, classroom instruction and capsizes/recovery exercises are performed to encourage confidence and familiarity.

Sessions 1, 2 or 3

Intermediate Sailing:

These sessions are designed for children ages 10 - 12 who have had some prior sailing experience, and for children ages 13 - 16 who have limited or no sailing experience. Instruction is performed using Club Junior and Lightning class sailboats for two week long half-day sessions, offered in the afternoon. Students will sail with a partner and alternate forward and aft positions. The class size will be eight with an instructor ratio of 1 to 4. The session will begin similarly to the introductory program, with swim testing, classroom instruction and capsizes/recovery exercises.

REGISTRATION FORM

To complete the registration process, you must also submit medical forms for your camper/sailor. Please visit www.squam lakes.org/programs/jsla.php to download the full registration packet including medical forms.

Name of Camper / Sailor: _____

Date of Birth: _____ **Sex: (circle) M F**

Names of parents/guardians: _____

Permanent Address: _____

Summer Address: _____

Permanent phone: _____ **Summer phone:** _____

Cell phone: _____ **Email:** _____

Payment Method:

Check enclosed for \$ _____ MC VISA

Name on card: _____

CC# _____ **Exp.** _____

Signature: _____

JSLA Day Camp Program: Please fill in the week and program

Week #	Program (Discovery, Explorer, Expedition, or Conservation Corps)
_____	_____
_____	_____
_____	_____

Community Youth Sailing Program: Please fill in the week and program

Week or Session #	Beginning or Intermediate	Morning or Afternoon
_____	_____	_____
_____	_____	_____

SLA Youth Programs Policy

Registration Information:

All programs are open to the entire Squam Lakes community and surrounding area. Membership in SLA is not required.

Payment in full is due upon registration. Make checks payable to the Squam Lakes Association and designate the program of choice (JSLA or CYSP).

Registration may also be made by phone with Mastercard or Visa.

Cancellation Policy:

30 days or more prior to reserved week = full refund less \$10 handling fee

30 days to 14 days prior to reserved week = 50% refund

Less than 14 days prior to reserved week = no refund

Forms:

Each camper or sailor must have a physical exam before his or her session begins. The medical, release of liability, indemnity and permission-to-treat forms can be downloaded from our website along with an equipment list. All forms must be received by June 11th.

Scholarships:

A scholarship fund has been established for each program for children residing in the Squam Lakes communities. For information on applying for scholarships or donating to the funds, please contact the SLA office.

Costs for the JSLA Summer Day Camp Program:

\$300 per camper per week for the Discovery and Explorer groups

\$350 per camper per week for the Expedition group

\$75 per camper per week for the Squam Conservation Corps group

Beginning Sailing week long, half-day sessions are \$200 per student

Intermediate Sailing two week long, half-day sessions are \$350 per student

Daily Schedule:

JSLA Summer Day Camp = Monday - Thursday, 8:30 am - 3:30 pm

Friday 8:30 am - 2:30 pm

CYSP Sailing Program = Monday-Friday, 9:00 am - 12:00 pm or

Monday-Friday, 1:00 pm - 4:00 pm

Camper Drop-off and Pick-up will be at the SLA Resource Center, with an average of one Squam Area off-site drop-off/pick-up a week. Written directions will be provided on Monday. Thank You -- this keeps our transport costs down.

Campers: Leave your electronics at home!

Junior Squam Lakes Association

(Monday-Thursday, 8:30 am - 3:30 pm)

(Friday, 8:30 am - 3:30 pm)

The Discovery Program: For children entering grades 3 & 4, this is an introductory program focused on increasing children's interest in the outdoors and teaching them basic canoeing and camping skills. There will be an overnight island campout on Thursday evening during program weeks 5 & 6. Hikes and canoe trips will be in the Squam Area, featuring interactive, confidence-building activities with an emphasis on FUN.

The Explorer Program: For children entering grades 5 & 6, this is an intermediate, heightened program. Emphasis will be on interactive team and confidence building, with FUN still a high priority. See enclosed schedule for a choice of Squam Area canoeing, kayaking and hiking combinations, with various weekly campout destinations.



The Expedition Program: For children entering grades 7, 8 & 9, this will be an advanced challenge with emphasis on nurturing a love for the outdoors, responsible use of natural resources, and a life-long commitment to healthy, physical activity. It is hoped that participants will end the program with a new sense of self-confidence and self-reliance. Trips will be more demanding and experiences such as mountain biking, rock climbing and White Mtns hiking may be included. FUN will not be left out. See enclosed schedule for choices of campout lengths and destinations.

Squam Conservation Corps: For young adults entering grades 9 - 12, this is a one-week internship focused on SLA's conservation programs, including: trail building and maintenance, ecological monitoring, invasive species management, backcountry recreation management, and Leave No Trace camping education. The work is challenging and can be strenuous, but it is equally rewarding. See enclosed schedule for choices of weekly focus.

SLA YOUTH PROGRAMS SUMMER SCHEDULE 2010

Dates	Week 1 June 28-July 2	Week 2 July 5-9	Week 3 July 12-16	Week 4 July 19-23	Week 5 July 26-30	Week 6 Aug 2-6	Week 7 August 9-13
JSLA DISCOVERY (Grades 3 & 4)	Canoeing & Hiking Adventures in Squam Lakes Area	Canoeing & Hiking Adventures in Squam Lakes Area	Canoeing & Hiking Adventures in Squam Lakes Area	Canoeing & Hiking Adventures in Squam Lakes & White Mtns. Area	Canoeing & Hiking in Squam Area & Annual Canoe Races	Canoeing & Water Adventures in Squam Lakes Area	Canoeing & Hiking Adventures in Squam Lakes & White Mtns. Area
	No overnight camping	No overnight camping	No overnight camping	No overnight camping	Canoe Camping on Bowman Island (Thurs night)	Canoe Camping on Moon Island (Thurs night)	No overnight camping
JSLA EXPLORER (Grades 5 & 6)	Canoeing, Kayaking & Hiking in Squam Lakes Area	Hiking & Paddling in Squam Lakes Area	Hiking & Paddling in Squam Lakes Area	Canoe Squam Lake & Hiking White Mtns. Area	Canoeing, Kayaking Hiking in Squam Area & Annual Canoe Races	Canoeing, Kayaking & Hiking in Squam Lakes Area	Kayaking & Hiking in Squam Lakes & White Mtns. Areas
	Canoe Camping on Moon (Thurs night)	Kayak Camping on Bowman Island (Thurs night)	Kayak Camping on Moon Island (Thurs night)	Canoe Camping on Bowman (Wed+Thurs nights)	Canoe Camping on Moon Island (Thurs night)	Canoe Camping at Bowman Island (Thurs night)	Mead Cons. Center Campout (Thurs night)
JSLA EXPEDITION (Grades 7 - 9)	Squam Lakes kayaking & Hiking	Squam Lakes Kayaking & Mountain Biking in Waterville	Squam Lakes Kayaking & White Mountains Hiking	Squam Lakes Kayaking & Hiking	Kayak/Canoe on Squam Lake & Annual Canoe Races	Squam Lakes Kayaking & Hiking	Squam Lakes Kayaking & Hiking
	Kayak Camping on Bowman Island (Thurs nights)	Waterville Campout (Wed+Thurs nights)	Waterville Campout (Wed+Thurs nights)	Kayak Camping at CRMF (Thurs nights)	Kayak Camping at CRMF (Thurs night)	Campout at Mead Cons. Center (Thurs. night)	Kayak Camping on Bowman Island (Thurs nights)
SQUAM CONSERVATION CORPS (Grades 9 - 12)			Milfoil Survey Water Quality Trail Project	Milfoil Survey Water Quality Trail Project			
			No overnight camping	No overnight camping			
CYSP (Ages 8 - 15) Mon - Fri	Morning 9am-12pm Beginning Sailing Optimist Class (weight limit 125 lbs)	Morning 9am-12pm Beginning Sailing Optimist Class (weight limit 125 lbs)	Morning 9am-12pm Beginning Sailing Optimist Class (weight limit 125 lbs)	Morning 9am-12pm Beginning Sailing Optimist Class (weight limit 125 lbs)	Morning 9am-12pm Beginning Sailing Optimist Class (weight limit 125 lbs)	Morning 9am-12pm Beginning Sailing Optimist Class (weight limit 125 lbs)	Morning 9am-12pm Beginning Sailing Optimist Class (weight limit 125 lbs)
	Session 1		Session 2		Session 3		Week 7
	Afternoon 1pm-4pm Intermediate Sailing Club Junior/Lightning Classes (minimum recommended age of 10)		Afternoon 1pm-4pm Intermediate Sailing Club Junior/Lightning Classes (minimum recommended age of 10)		Afternoon 1pm-4pm Intermediate Sailing Club Junior/Lightning Classes (minimum recommended age of 10)		Afternoon 1pm-4pm Beginning Sailing Optimist Class (weight limit 125 lbs)

*Paddling = canoeing and kayaking.

(Schedule subject to change)