



WHAT IS TRAIL MAINTENANCE AND WHO MAINTAINS THE TRAILS?

The SLA maintains over 50 miles of trails in the Squam Lakes Region. That is approximately the distance from Ashland to Manchester. Every year in the spring SLA employees and volunteers attempt to hike every single mile of trail. During these hikes people clean up debris that has fallen over the winter, rake clear water bars full of leaves and silt, and cut back the vegetation growing into the trail corridor (see back panel if you would like to help). This is a very labor intensive process that takes many hours. We can always use more volunteers. Once a trail has been cleared for the spring a new branch or tree may fall across the trail the next day. Even though we would like to, we simply do not have the people power to respond to every blow down instantaneously on our trails. It may take several weeks to get back to the blow down after it has been reported to us. Every year we clear dozens of blow downs using our staff and volunteers. Please report any trail maintenance issues to us and we will respond to them as quickly as we can. Thanks for your patience.



DOES THIS LOOK LIKE FUN TO YOU

If you are reading this you probably understand the importance of trails and enjoy being in the woods. Perhaps now is the time to give back to those trails. There are many benefits to doing trail maintenance or trail building, and the benefits don't only apply to the trail but to the trail worker as well. Here are some of the many benefits.



Benefit #1: Sense of accomplishment. It is very rewarding to see the difference you've made; looking back at the maintenance just completed will give you a sense of pride and ownership.

Benefit #2: Recognition. Many people on the trail stop and thank you for the work you are doing. Some will even join you and lend a helping hand.

Benefit #3: Meeting other like minded people. You get to meet interesting people who are working with you or just hiking the trail. There have been great friendships formed working on the trails.

Benefit #4: A longer and healthier life. Exercise is well known to help people live a longer, happier, healthier life. Doing trail work is an excellent part of any exercise program. **When you give back to the trails you are giving to yourself as well.**

For more information about working on the trails please contact the SLA. We hold trail events annually on National Hike for the Trails Day as well as a volunteer trail adopter program. In spite of the dirt and sweat involved, you will feel good, and that good feeling lasts a long long time.....

The trails are waiting for you.....

SQUAM LAKES TRAIL MAINTENANCE



TRAIL MAINTENANCE PRACTICES, TRAIL ADOPTER PROGRAM AND CONSTRUCTION COSTS



SLA Resource Center
534 US Route 3
P.O. Box 204
Holderness, NH
(603) 968-7336
www.squamlakes.org



TRAILS FUNDING AND PROJECTS

Every year the Squam Lakes Association spends about \$20,000 on trail maintenance. That's right! Over \$20,000. The money comes from fund-raisers such as our annual Hike for the Trails event, grants and private donations. Each year in addition to our routine trail maintenance, as described on the back panel, we prioritize a trail in need from our network, for one of our special projects. Over the past eight years, the SLA has spent over \$100,000.00 on special trail projects. These projects are usually performed in late summer and early fall by our trail crew consisting of SLA employees and Student Conservation Association (SCA) volunteers. See Table for a partial list of completed special projects.



TRAIL ETIQUETTE

1. Stay on trails. Don't walk around mud puddles-trudge on through. Walking around mud puddles results in a wider area of impact.
2. Pack It In - Pack It Out. Pack out all your trash and any other trash you may find along the trail.
3. Take only pictures leave only footprints. Don't pick flowers or take souvenirs. Leave them for others to find and enjoy.
4. Be respectful to your fellow hikers. Let faster-moving parties pass and keep noise to a minimum so as not to disturb the solitude that people may have come looking for.
5. Give back to the trails. Make sure that the trails will be available for future generations. See back panel for more information on trail adoption.

Year	Location	Work Performed	Cost
1999	Cotton Mt, Doublehead Mt & Belknap Woods	Cotton Mt final ascent reconstruction, Doublehead final ascent reconstruction, Belknap Woods trail relocation	\$ 6,374
2000 & 2001	West Rattlesnake	Old Bridle Path reconstruction	\$20,321
2002	Percival Mt & Red Hill	Percival Mt final ascent reconstruction, Morse Connector Trail construction, & Teedie Trail reroute/reconstruction	\$14,488
2003	Mount Morgan	Mt Morgan Trail reconstruction	\$14,891
2004	Eagle Cliff & Mount Israel	Eagle Cliff Trail reconstruction, Doublehead, Col, Pasture, Wentworth, C-R trail maintenance, Mead Trail reconstruction	\$26,074
2005 & 2006	East Rattlesnake	Col, Butterworth, Smith Brook trail reconstruction	\$21,691

Please Help us to preserve the Trails you Love by joining or donating Today

Name: _____

Address: _____

City: _____

State: _____

Zip: _____

Phone: _____

Email: _____

Membership Contribution:

\$5,000 Squam Council

\$1,000 Moon Council

\$50 Supporter

\$2,500 Bowman Council

\$500 Conservator

\$25 Contributor

Method of Payment:

Check

Cash

Visa

MasterCard

Card Number: _____

Exp. Date: _____

Please indicate below if you are interested in helping in any of our programs:

Office/Mailings

Water Quality

Weed Watching

Trail Adoption

Visitors' Assistant