



Junior Squam Lakes Association

2021 Guide to Camp

Covid-19 Response Policies & Procedures

Welcome to camp! We're excited to share our love of the natural world with you this summer. Please read through this 2021 Guide to Camp; check out our FAQ page; download [Medical/Legal Form](#), [Covid Waiver](#), [10 Day Pre-Camp Screening Form](#), and find more information on our website at:

<https://www.squamlakes.org/summer-youth-programs/jsla>

Mission: Junior Squam Lakes Association (JSLA) camps are designed to nurture respect for the natural world, increase awareness of environmental issues and instill a sense of stewardship. Campers will hike, explore the landscape, participate in stewardship projects, play nature games, and create earth friendly arts and crafts, among many other themed activities.

The Squam Lakes Association is located at 534 US Route 3, Holderness, NH. The Squam Lakes Association office is open Monday-Friday 9:00am-5pm: during this time you can contact our Director of Education, Leigh Ann Reynolds, by phone or email. Email is the best way to reach Leigh Ann.

Leigh Ann's Contact Information:
Phone: 603-968-7336 x17
Email: lreynolds@squamlakes.org

2021 Schedule

- Camp runs for 7 one-week sessions between June 28 and August 13.
- Monday – Friday 8:30am-3:30pm
- Summer 2021 JSLA Schedule:
https://www.squamlakes.org/sites/default/files/uploads/2021_summer_youth_programs_schedule.pdf

Registration & Payment

- Open to children entering 3rd grade through 12th grade.
- Campers are registered on a first come first-served basis.
- Campers on the waitlist will be eligible for registration based on the order they were placed on the list.
- We are unable to create more spots in camp groups but are happy to place campers on the waitlist and if a space become available we will contact you.
- Registration is complete once we receive full payment and complete registration packet.
- Registration packets must be completed and submitted by June 1st unless registered after June 1st they must be received (14) days prior to the start of camp week.
 - Registration packet includes: Medical & Legal Form, Covid Waiver, and Covid-19 Policies & Procedures Agreement (last page of this document).
- If payment & complete registration packet is not submitted by June 1st you will receive an email notification and phone call letting you know that your spot will be released if we do not received everything by June 5th.

Camp Groups:

- Discovery- campers entering grades 3 & 4
- Explorer- campers entering grades 5 & 6
- Expedition- campers entering grades 7, 8, & 9
- Leader in Training- campers entering 10, 11, & 12
- Camp groups will be assigned a designated outdoor space as well as space inside the barn and SLA great room (both are open air) for extreme weather events and groups will not enter other group's spaces.
- There will be no all camp activities so as to minimize contact between camp groups.

Staff Structure & Routine:

- All JSLA Environmental Camp Leaders will attend a mandatory two week staff training.
- All JSLA staff will complete a daily online health screening before reporting to work.
- JSLA staff will work in teams of two and remain with that co-leader the entire summer.
- SLA Administrative staff will be on duty for the duration of the camp day.
- Designated cleaning staff will work to clean and sanitize areas used by campers.

Daily Health & Safety Procedures:

JSLA Travel & Quarantine Policy: (subject to change as NH issues new guidance)

JSLA staff and campers must self-quarantine for 10 days following the last date of any non-essential travel prior to the date they are registered to attend camp.

This includes: international travel (including to/from Canada) and cruise ships.

- All campers are encouraged to complete the 10 day Pre-Camp Health Screening form so you can establish what's normal for your camper.
- All campers **must** complete the online JSLA Daily Health Screening form prior to checking in to camp each day. (paper version available upon request)
- Health Screening will:
 - Be administered by a parent/guardian at home using this link to complete the form: <https://forms.gle/J76TG18GqXJZ7gpK6>
 - Includes the following questions:
 - * Has the camper had close contact with someone who is suspected or confirmed to have COVID-19 in the last 10 days?
 - * Has the camper traveled internationally or on a cruise ship in the last 10 days?
 - * Has the camper experienced any new, unexplained or mild symptoms of COVID-19 (including temperature of 100 F or greater, chills, cough, shortness of breath, sore throat, nasal congestion, runny nose, fatigue, muscle or body aches, headache, new loss of taste or smell, nausea or vomiting, diarrhea)?
- **Program participants or staff who are feeling sick should remain at home.**
- SLA cleaning staff will be on-duty during the camp day and during all general programming.
 - Community areas and sports equipment will be cleaned and sanitized between uses throughout the day.
 - Stations will be cleaned and sanitized between sessions.
- Adequate hand-washing facilities will be available to campers and staff. Hand sanitizer will be available throughout the day.
 - Campers will be encouraged to wash their hands for 20 seconds, with warm water and soap, throughout the day.
 - Upon arrival, before and after eating, when coming indoors, after using the bathroom and any time they cough or sneeze.
- JSLA staff will be required to wear masks while on duty.
- JSLA staff will require program participants to wear masks or face coverings throughout the camp day. Campers should bring a mask that they like.

- JSLA staff will be mindful to implement programming that promotes respectful social distancing and programming will be focused on outdoor activities with adequate space for campers to remain distant.
- JSLA staff will wear masks and gloves when in close proximity to the children in their care and/or when appropriate.
- Contactless daily sign-in/out will take place outside, in the grassy field/parking lot to the right of the SLA resource center or at designated trailhead.
 - JSLA staff will come to your car to check the designated drop-off person's ID, record the time, and confirm that the online daily health screening was completed.
 - Non-essential visitors are restricted from camp. Therefore, if you will not be picking up your child, a pick up person must be designated in advance via the section on the Medical & Legal Forms.
 - Parents are asked not to exit their vehicle during drop-off or pick-up.
 - JSLA staff will greet and escort campers to their camp areas.
- We will have staggered drop-off starting with Leaders in Training at 8:15, Discovery at 8:30, Explorer 8:40 and Expedition 8:50. If you have campers in multiple groups you may drop them all off starting at the earliest time (with the exception of LIT siblings as that is a time for us to work with just our LIT's).
- Contactless end-of-day pickup will be conducted in the same location as drop-off between 3:15-3:30pm. Please remain in your car and a staff person will bring your campers to you and check your ID (if it's the first time we've seen you) for sign out.
- JSLA camp will be 100% outdoors unless there is inclement weather or campers are using the climbing wall. All indoor spaces will have doors & windows open with adequate air flow.
- Each camp group will be assigned their own bathroom and only one person is allowed in the restroom at a time.

What to Wear:

- Comfortable clothing that can get dirty and wet
- Sneakers or boots and socks (comfortable to hike in)
- Sunscreen (we do not apply sunscreen to campers)
- Hat or bandana to keep ticks and sun off head
- Comfortable Mask

What to Bring Every Day:

- Extra set of clothing regardless of age
- Extra mask (at least one)

- Water shoes, sport sandals or crocs with ankle straps for water activities.
- Bathing Suit and Towel
- Rain gear
- Sunscreen – we will remind campers to reapply after lunch
- Water bottle(s) – we often are not able to refill water during the day, so bring what you'll need (2 liters is generally enough)
- Lunch and healthy snacks – send a hearty, non-perishable lunch with your camper each day; keep in mind that we DO NOT provide refrigeration. We encourage trash-free lunches to promote environmental stewardship. Recycling and composting are available.
- Backpack – for day to day needs you will need a backpack to carry the above listed items.

Out of respect for the safety of everyone in our programs and using our facilities, campers who repeatedly show up to camp without the required packed items will forfeit their program registration.

What to Leave at Home:

- ✓ Anything breakable or valuable
- ✓ All electronics
- ✓ Gum or excessive candy (a piece or two in the lunch is fine; a bag becomes a problem)
- ✓ Cell phones are not permitted during camp hours

Inclement Weather: Camp is outdoors unless there is severe weather. On rainy days, please prepare your camper for outdoor exploration. Be sure to pack a rain jacket, extra shoes and clothes. If there is thunder and/or lightning storms we move campers to a safe location and follow our lightning protocol. See Frequently Asked Questions for protocol.

Labeling: All personal items need to be labeled including backpacks, water bottles, sunscreen, lunches and clothes. The Squam Lakes Association is not responsible for any lost/stolen personal items. The Lost and Found basket will be out during pick up on Fridays and then moved to SLA Headquarters. After one month in Lost and Found, items will be donated to a local charity.

First Day of Camp: Before leaving home fill out the online JSLA Daily Health Screening Form and be prepared to show ID. You or a designated person is required to verbally sign your child in and out with a staff member daily from your vehicle.

Pick Up Protection: For your child's safety, only the individual(s) designated on the registration form can pick up your child and for the first pick-up they will need to show their ID. The person that completed the health form is the only one who can add or delete individuals with pick-up authority.

Late Pick Up: Campers arriving or being picked up late places undue stress on our program and staff. There will be a \$5 late fee accrued every 10 minutes you are late to pick up your camper. Payment must be made before your camper is able to return to camp.

Waste-Free Lunches: Much of the trash we generate comes from the packaging on the food we buy, and lunch foods are no exception. We highly encourage the use of reusable food containers, drink containers, utensils, and napkins. We discourage the use of disposable packaging, such as prepackaged foods, plastic bags, juice boxes and pouches, paper napkins, and disposable utensils. We provide recycling and composting. For ideas for waste-free lunches, visit: <http://www.wastefreelunches.org/parents.html>.

Tick Checks: The staff will remind campers to check for ticks throughout the day. It is also very important that you check your camper at home thoroughly after each camp day.

Sunscreen: We do not provide or apply sunscreen; however, we encourage that you apply sunscreen before camp. If you provide sunscreen we will remind campers to reapply at lunchtime or after getting wet.

Allergies: Please be sure to list allergies on the Medical and Legal form including directions of how you respond if an allergic reaction occurs. If needed we can arrange a time for you to speak with the camp leaders prior to the first day of camp.

Medications: Children who must take medications while at camp must be able to take their own medications under the supervision of JSLA staff. JSLA staff is not allowed to administer medicines. We must have parent authorization for over the counter medicines and a physician's authorization for prescription medications. Please fill out all necessary information pertaining to this information in the Medical and Legal form packet. If needed we can arrange a time for you to speak with the camp leaders prior to the first day of camp.

JSLA Responses to Illness While at Camp

1. Camper will be removed from the camp group and wait with the Camp Director or other SLA staff member near the front entry way of the SLA building or at the trailhead parking lot.
2. SLA staff will supervise any ill child and keep them safe while awaiting pickup.
3. A parent, guardian or approved child caregiver will be contacted immediately and must be available to pick up ill child within 30 minutes of being notified.
4. SLA staff will clean and sanitize the building and communal use areas after use.
5. SLA staff will determine if camp closure is required or recommended by NH Public Health or the CDC.

Camper Expectations and Behavior

- Children who are sensitive to change, not able to follow directions, seek and/or require individual support to maintain positive behavior and social interactions, have difficulty making safe choices or regularly demonstrate behavior that is not easily redirected may not be best served in our camp program this summer.
- Children who prefer not to spend a large amount of time outdoors and/or being physically active may not be best served in our camp program.
- JSLA staff will frequently be wearing masks which could create unexpected anxiety and/or a communication barrier for some of our campers. Parents can reduce anxiety by talking with their children ahead of time.
- JSLA staff will not be able to spend a lot of time on behavior redirection. Campers who are repeatedly asked to change a behavior and are unable to do so will be sent home.
- JSLA understands and respects the impact that Covid-19 has had on families and the children we serve. We expect that transitioning back into structured social settings may be challenging for some of our campers and we intend to approach behavior management positively. We encourage parents to speak with their children about these expectations before coming to camp.
- Campers who are physically and/or verbally aggressive with peers or staff will be sent home and may be asked to forfeit their registration.
- When it comes to camper safety/expectations a failure to follow protocols will result in the following. Campers will receive one friendly reminder. If the behavior continues, staff will talk to a parent/guarding at pick-up, and if the behavior does not change then the camper will not be invited back to camp.

Important Information for Families

- We ask for patience and understanding from parents, families and all patrons of the SLA. We have worked hard during these uncertain times to create a plan with the health and safety of our campers and staff in mind. We intend to maintain all of these new policies and procedures but accept that we are maneuvering through the unknown and reserve the right to change and/or forgo any policy or procedure if additional guidance has been received from the NH Department of Public Health or Governor, or if the health and safety of our staff and participants is jeopardized.
- Understand that while we intend to respect social distancing however and whenever possible, there may be times when this is difficult to implement and children may be in close proximity to one another.
- **Please be mindful of your actions outside of camp. We ask that you consider the risk of exposure to Covid-19 in your social interactions outside of camp and the risk that that exposure poses to our staff and program participants.**
- Our routine and scheduling will look very different than what you have come to know and expect. Please talk with your children about these changes and encourage them to ask our staff for guidance if they have questions.

Refund Policy

- Registration and payment may be transferred to an alternative session at no additional cost if space allows.
- A \$25 administration fee will be charged for all cancellations.
- Cancellations made less than 14 days prior will not be refunded.
- If cancellation is made more than 30 days prior to the session, a full refund (minus \$25 fee) will be given.
- A 50% refund (minus the \$25 dollar fee) will be given if made 14 – 30 days prior to programming.
- If SLA cancels a camp session participants who have pre-registered will receive a 100% refund.
- Day-of withdrawals and/or failure to attend a camp session will not be refunded unless a specific medical emergency has been documented.

Junior Squam Lakes Association
2021 Guide to Camp



Covid-19 Response Policies & Procedures Agreement

Please acknowledge and initial that you have read and understand the following policies listed in the 2021 JSLA Guide to Camp Covid-19 Response Policies & Procedures Agreement:

- _____ 2021 Schedule
- _____ Registration & Payment
- _____ Camp Groups & Structure
- _____ Staff Structure & Routine
- _____ Daily Health & Safety Procedures
- _____ WVRD Response to Illness While At Camp
- _____ Camper Expectations & Behavior
- _____ Important Information for Parents & Families (including Device Free Policy)
- _____ Refund Policy

I, _____, have read Junior Squam Lakes Association 2021 Guide to Camp Covid-19 Response Policies & Procedures Agreement in its entirety. I understand and accept the requirements for participation in JSLA’s Summer Day Camp programs and agree to adhere to these policies.

 Parent/Guardian Signature

 Date